

REMEMBERING THE YEAR 2020 THROUGH A TIME CAPSULE

When someone ask you today “How would you **define** the year 2020?” You will start to **wonder** and would probably ask yourself silently. What is the best way for me to define the year 2020?

First, what is a **time capsule**? A time capsule is a container that stores selection of **historical records** or objects that represent the present time, kept and buried to be **discovered** by some people in the next years to come.

The year 2020 has been **disruptive, exhausting** and very traumatic for some people because others have lost their loved ones in the so called Corona Virus Disease or Covid-19, while some have been **infected** by the virus itself and was lucky enough to survive from the disease.

Let’s start with something that really put a mark on everyone’s memory when you ask someone what are the things they use during the time of the pandemic and these are the following:

1. Face mask, this surgical face mask was the number 1 total reminder of each pandemic season like Spanish Flu, SARS, H1N1 Flu and etc.
2. Face shield that WHO (World Health Organization) requires all people when going out of the house to wear these 2 protective outfits.
3. Alcohol that sanitizes your hands and be free from germs just in case water and soap are not available at hand or at that moment.
4. Hand Sanitizers - a liquid gel or foam that are used to kill the majority of viruses, bacteria and other microorganisms on the hands.
5. Soap and water to wash away other forms of bacteria and microorganism from our hands.

These are just the top 5 on the list that would truly remind us of the year 2020 because of the Covid-19 pandemic. However, there are some people that would like to include in their time capsule like their bicycle or motorcycle because it reminds them that it’s the only available form of ride during the peak of the pandemic in the early 2020 and we are in total and complete lock down, it’s the only vehicle allowed to be used in some countries like in the Philippines for example. How about you,



what would you like to put in your own time capsule that would define the year 2020 during the Corona Virus 19 Pandemic? - JMM

Vocabulary:

- Define – describe, explain
- Wonder – think
- Probably – perhaps, maybe
- Historical records - historic, old or from the past
- Discover – learn or find out
- Disruptive – upsetting, unruly
- Exhausting – tiring, draining
- Traumatic - shocking, upsetting, painful
- Covid- 19 – Corona Virus Disease 19
- Loved ones – family, dearest or relatives
- Infected - got the disease
- Disease – sickness, illness
- Put a mark – to remember
- Pandemic – plague or sickness globally
- SARS – sever acute respiratory system, a viral respiratory disease caused by a SARS-associated coronavirus in 2003
- Spanish Flu - 1918 to 1919 H1N1 influenza pandemic is among the most deadly events in human history, killed an estimated 50 to 100 million people globally
- H1N1 - pandemic of swine-origin H1N1 influenza in 2009
- Etc. – and so on

